2019-2020 School Year

# WELCOME BACK STUDENTS AND PARENTS!

As we begin a new academic year at Hillsborough Township Public Schools, Sodexo is ready to provide students with a healthy and delicious food program.

The following information will help you to understand how the Sodexo dining experience will work at Hillsborough Township Public Schools. Keep it handy to use as a quick reference throughout the year.

We encourage you to contact us with questions, comments and suggestions about your students' dining experience. Your feedback is always welcome, as it can help us to serve you and your student better.

We wish you the very best for your students' academic year and we are excited to help your student achieve both in the classroom and in life with our outstanding school nutrition program.



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Our mission is to be a leader in supporting student engagement and improving Quality of Life for the entire school community. By focusing on Quality of Life Services, we reinforce the overall experience of a student's educational journey, which helps to ensure their success. For more information please visit

<u>vww.sodexoUSA.com.</u>



## OUR FOOD AND NUTRITION PROGRAMS



### The Clubhouse (Elementary School)

The Clubhouse makes nutrition fun for elementary students. Featuring healthy food choices and fun events where every students feels part of the club!

### Mondays

### My Mondays

My Mondays is our nutrition education program that features Lift-Off!, a bright blue, star-shaped character that expands your students' awareness of their overall well-being while highlighting important topics such as the environment, physical activity, kitchen skills and community involvement.



### Did You Know Cafe (Middle School)

Did You Know Café is a dining program designed for students by students. The program is an extension of classroom by providing a fun and educational environment where students learn about the foods they consume. The menu features student favorites as well as a number of special additions to keep the menu fresh and exciting.



### Taste4 (High School)

Taste4 was created for high schools students by high school students. This concept revamps the classics - salads and wraps, deli sandwiches, pasta, grilled favorites, and pizza, elevating school lunch for today's sophisticated palettes. The menu features world flavors, spicy comfort foods and unique, fun food combinations.

### **थ** So Happy

### So Happy

So Happy is an easy-to-use menu and nutrition app that allows parents and students to see all ingredients and allergens in every meal served in their school cafeteria on a weekly basis. Available as a FREE download on the App Store & Google Play. Search "So









# MEAL OPTIONS / DAILY OFFERINGS

#### **Meal Prices**

Student Breakfast \$2.00 Student Lunch \$2.75/3.00 Reduced Breakfast \$1.65 Reduced Lunch \$.40 Adult Breakfast \$2.50 Adult Lunch \$3.25/3.50

Cash, check and online payments are accepted for meals.

### Free & Reduced Meals

Parents may apply at any time during the school year for Free or Reduced meals. Contact your school main office for an application or apply online from the district website.

### Don't forget BREAKFAST

Mornings are rushed and we know your student doesn't always have time to eat breakfast at home. We've got it covered with hot, fresh and delicious breakfast options that will jumpstart your student's day. Does your student need a grab-and-go option? We have bagels, yogurt parfaits, cereal bars and fruit.

Remember: if your student receives free lunch, breakfast is free, too!

### **Lunch Program**

When your student has good nutrition, they will perform better in school, and feel happier and be healthier. The school lunch program includes a range of offerings to ensure that your student has access to the nutritious meals they need to lead healthy and productive lives.

### **Lunch Offerings**

- A variety of healthy options including wholesome grains, local fresh fruits and vegetables, and lean meats
- •A variety of low-fat and fat-free milk with every meal, including white, chocolate, and strawberry
- An option of 100% fruit juice at each meal, including apple, orange juice

### **Special Dietary Needs**

We take our student's special dietary needs very seriously. Please contact the food services office to discuss your student's special needs.

#### Sodexo Foundation

We are proud to create and support programs such as Feeding our Future and The Back Pack Program that help to ensure every child in the United States, especially those most at-risk, grows up with dependable access to enough nutritious food to enable them to lead a healthy, productive life. We also offer STOPhunger scholarships annually through the Sodexo Foundation. For more information please visit www.sodexofoundation.org